

Guardian Angel Homes

		Week Two							
		<u>Mon</u>	<u>Tues</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>	<u>Sun</u>	
Breakfast		Banana or Fruit Cup Cereal of Choice Yogurt w/Granola Breakfast Ham Scrambled Eggs White/Wheat Toast	Banana or Fruit Cup Yogurt w/ Granola Cereal of Choice Egg & Cheese Scramble Scrambled Eggs Sausage Patty White/Wheat Toast	Banana or Fruit Cup Yogurt w/ Granola Cereal of Choice Biscuits & Gravy Scrambled Eggs White/Wheat Toast	Banana or Fruit Cup Yogurt w/ Granola Cereal of Choice Ham Egg & Cheese Scramble/Pancakes Scrambled Eggs White/Wheat Toast	Banana or Fruit Cup Yogurt w/ Granola Cereal of Choice Sausage Link Hashbrown Patty Scrambled Eggs White/Wheat Toast	Banana or Fruit Cup Yogurt w/Granola Cereal of Choice Danish Bacon Scrambled Eggs White/Wheat Toast	Banana or Fruit Cup Yogurt w/ Granola Cereal of Choice Scrambled Eggs French Toast Sausage Links White/Wheat Toast	
	Lunch		Soup or Salad Pea Salad Potato Crusted Cod Jasmine Rice /Peas Lemon Butter Sauce OR Chicken Fried Steak Mashed Potatoes Country Gravy Steamed Broccoli Homemade Bread Tapioca Pudding	Soup or Salad Apple Spinach Salad Chicken Bacon Ranch Pasta Bake OR Smothered Pork Chop Roasted Potatoes Garlic Green Beans Homemade Bread Fresh Baked Pie	Soup or Salad Garden Salad Stuffed Cabbage Rolls Parsley Egg Noodles OR Creamy Sun Dried Tomato Chicken w/Rice Pilaf Steamed Carrots Homemade Bread Carrot Cake	Soup or Salad Broccoli Salad Sweet and Sour Chicken Fried Rice/Stir Fry Vegetables/Potsticker OR Beef Stew Carrots, Celery Onion/Potato Homemade Bread Cookie Pudding Parfait	Soup or Salad Garden Salad Sausage and Peppers Broccoli Parmesan Mashed Potato OR BBQ Chicken Baked Potato/Butternut Squash Homemade Bread Fresh Baked Cookies	Soup or Salad Caesar Salad Chicken Tacos Lettuce, Onion, Salsa, Cheese, Cilantro Spanish Rice and Beans OR Italian Sausage Bolognese Spaghetti Steamed Green Beans Homemade Bread Fruit Crisp	Soup or Salad Garden Salad Stuffed Peppers Rice Pilaf/ Steamed Carrots OR Kielbasa Sausage and Sauerkraut Scalloped Potatoes Steamed Baby Carrots Homemade Bread Chocolate Pudding
		Dinner	Chicken and Rice Soup Turkey Club Sandwich Bacon, Tomato, Lettuce, Avocado, Cheddar Apple Coleslaw OR Beef Ravioli Parmesan Tomato Sauce/Fresh Basil Steamed Vegetables German Chocolate Cake	Cheese Cauliflower Soup Beef Cheese Burger Lettuce, Tomato, Onion, Pickle /Steak Fries OR Turkey Pastrami Reuben Swiss Cheese, Sauerkraut, 1000 Island Dressing Marble Rye Bread Fresh Baked Cookies	Tomato Basil Soup Turkey Sloppy Joes Fresh Fruit Baked Potato OR Egg Salad Sandwich Potato Chips/Cauliflower Peanut Butter Brownie	Butternut Squash Soup Chicken Caesar Salad Garlic Breadstick OR BLT Sandwich Macaroni Salad Ice Cream	Clam Chowder Steamed Shrimp Cocktail/Lemon Coleslaw Rice Pilaf OR Patty Melt Steak Fries Fresh Fruit Cherry Cheesecake	Garden Vegetable Soup BBQ Brisket Sandwich Twice Baked Potato Fresh Fruit OR Turkey Shepards Pie Mashed Potatoes/Gravy Green Beans/Carrots Pumkin Pie	Loaded Baked Potato BBQ Chicken Quesadilla Sour Cream, Guacamole, Salsa/Spanish Rice Refried Beans OR Tuna Salad Sandwich Pickled Beets Potato Chips Whipped Cheesecake Parfait

All meals include choice of Juice, Coffee, Tea, 2% Milk or Cocoa

