

# Guardian Angel Homes

## Week Five

	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>	<u>Sun</u>
<b>Breakfast</b>	Banana or Fruit Cup Yogurt w/ Granola Cereal of Choice Hashbrowns Sausage Patty Scrambled Eggs White/Wheat Toast	Banana or Fruit Cup Yogurt w/ Granola Cereal of Choice Breakfast Ham Scrambled Eggs White/Wheat Toast	Banana or Fruit Cup Yogurt w/ Granola Cereal of Choice Bacon Scrambled Eggs White/Wheat Toast	Banana or Fruit Cup Yogurt w/ Granola Cereal of Choice Belgian Waffles Scrambled Eggs Sausage Link White/Wheat Toast	Banana or Fruit Cup Yogurt w/ Granola Cereal of Choice Sausage Egg and Cheese Sandwich Scrambled Eggs White/Wheat Toast	Banana or Fruit Cup Yogurt w/ Granola Cereal of Choice Fiesta Ham Scramble Scrambled Eggs Danish/Pancakes White/Wheat Toast	Banana or Fruit Cup Yogurt w/ Granola Cereal of Choice Coffee Cake Scrambled Eggs Bacon White/Wheat Toast
<b>Lunch</b>	Soup or Side Salad Brussel Sprout Slaw BBQ Pork Ribs Baked Beans/Potato Salad OR Beef Stew Mashed Potatoes Peas & Carrots Homemade Bread Peanut Butter Brownie	Soup or Side Salad Bacon Spinach Salad Orange Glazed Salmon Quinoa Pilaf/Spinach OR Swedish Meatballs White Rice Bacon Green Beans Homemade Bread Fruit Crisp	Soup or Side Salad Fall Arugula Salad Chicken Marsala Wild Rice Pilaf Roasted Beets OR Beef Lasagna Squash/Zucchini Homemade Bread Jello and Cream	Soup or Side Salad Garden Salad Beef and Broccoli Chow Mein/Eggroll OR Salsbury Steak Mushrooms/Onions Mashed Potatoes Homemade Bread Orange Phyllo Cake	Soup or Side Salad Caesar Salad Crab Cake Garlic Green Beans OR Chicken Parmesan Pasta Primavera Homemade Bread Ice Cream	Soup or Side Salad Garden Salad Chicken Empanada Salsa, Guacamole, Sour Cream, Beans/Rice OR Bacon Cheeseburger lettuce, tomato, onion, pickles Homemade Bread Chocolate Cake	Soup or Side Salad Garden Salad Beef and Pork Ragu Roasted Tomato Sauce Buttered Egg Noodles  OR Chicken Cobb Salad Homemade Bread Pistachio Pudding  Creamy Potato Soup Beef Patty Melt
<b>Dinner</b>	Crab Corn Chowder Turkey Burger Lettuce,Tomato,Onion,Pickle Steak Fries/Fresh Fruit OR Ham Deli Sandwich Potato Chips/Fresh Fruit Fresh Baked Cookies	Vegetable Beef Soup Chicken Caesar Salad Garlic Breadstick OR Crispy Cod Sandwich Coleslaw/ Fresh Fruit Ice Cream	Tomato Florentine Soup Roasted Chicken Breast Mashed Sweet Potato Steamed Brussel Sprouts OR Beef Burger Sliders Sauteed Onions/Cheese Onion Rings/Fresh Fruit Pumkin Pie	Egg Drop Soup Western BBQ Burger Marinated Cucumbers French Fries OR Chicken Pot Pie Steamed Carrots Fresh Baked Cookies	Clam Chowder Chinese Chicken Salad OR Italian Sub Sandwich Pepperoni, Salami, Ham Lettuce, Tomato, Onion and Provolone Cheese Chocolate Pudding	Chicken Noodle Soup Turkey Sandwich Lettuce, Tomato, Pickles Potato Chips/CoLe Slaw OR Chili Mac Casserole Peas and Carrots Fresh Baked Cookies	Grilled Onion, Swiss, 1000 island Fresh Fruit OR Chicken Quesadilla Guacamole, Sour Cream, Salsa/Beans/Rice Fresh Baked Pie

All meals include choice of Juice, Coffee, Tea, 2%Milk or Cocoa